

Client Information Form

The requested information will become part of your file and is limited to the guidelines of confidentiality.

A. Identification

Name: _____

Date of Birth: _____ Age: _____

Social Security Number (used for insurance filing only): _____

Address: _____

City State Zip Code

May I have permission to mail to this address? Yes _____ No _____

Phone Numbers **May I call you at this number?** **Leave a message?**

(H) _____ Yes _____ No _____ Yes _____ No _____

(W) _____ Yes _____ No _____ Yes _____ No _____

(Mobile) _____ Yes _____ No _____ Yes _____ No _____

Email address: _____

May I have permission to email to this address? Yes _____ No _____

Place of Work: _____

Occupation: _____

B. Emergency Information:

If some kind of emergency arises and we cannot reach you directly, or we need to reach someone close to you whom should we call?

Name: _____ Phone: _____

Address: _____

City State Zip Code

Your relationship to this person: _____

C. Referral: Who gave you my name to call?

Name: _____

May I have your permission to thank this person for the referral?

Yes ___ No _____

D. Your Medical Care: From whom or where do you get your medical care?

Clinic/doctor's name: _____ **Phone:** _____

If you enter treatment with me for psychological problems, May I tell your medical doctor so that he or she can be fully informed and we can coordinate your treatment?

Yes ___ No _____

E. Background Information

Are you currently on any prescribed medications? Yes No

If yes, what kind?

Do you drink alcohol? Yes No

If yes, how often? _____

Do you use drugs? Yes No

If yes, how often? _____

Were there any significant childhood illnesses or events? _____

Have you ever felt suicidal? _____

Have you sought counseling before? Yes No

With whom? _____

Please use a few words to describe your mother: _____

Please use a few words to describe your father: _____

How do you think your mother would describe you? _____

How do you think your father would describe you? _____

Name/Age of Siblings: _____

Name/Age of Children: _____

Is there anything else I will need to know but have not asked? _____

Please circle all those that apply:

- | | | | | |
|----------------------|--------------------|---------------|---------------------|----------|
| Anger | Finances | Crisis | Marital | Family |
| Childrearing | Adolescence | Future Debts | School | Career |
| Retirement | Divorce | Boss | Separation | Stealing |
| Past | Dreams | Health | Personality | Lying |
| Nutrition | Sex | Parents | Weight | Pain |
| Emotional | Job | Anxiety | Drugs | Worries |
| Obsessions | Fear | Alcohol | Grief | Spouse |
| Relationship | Death | Headaches | Incest | Father |
| Mother | Body Image | Hostility | Brother | Sister |
| Recent Loss | Bed-wetting | Health | Learning Difference | |
| Developmental Issues | Apathy | In-Laws | Divorce | Children |
| Suicide | Sleep Disturbances | Homosexuality | Childhood Neglect | |
| Abuse | Personal Growth | Adoption | Control Issues | |
| Panic Attacks | Molestation | Pregnancy | Abortion | |
| Miscarriage | Chronic Pain | Depression | Post-partum | |
| Medication | Legal Issues | | | |

I'm most afraid of: _____

What do you hope to gain from counseling? _____
